Renin-Angiotensin-Aldosterone System and Progression of Renal Disease

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Inhibition of the renin-angiotensin-aldosterone system (RAAS) is one of the most powerful maneuvers to slow progression of renal disease. Angiotensin II (AngII) has emerged in the past decade as a multifunctional cytokine that exhibits many nonhemodynamic properties, such as acting as a growth factor and profibrogenic cytokine, and even having proinflammatory properties. Many of these deleterious functions are mediated by other factors, such as TGF-β and chemoattractants that are induced in the kidney by AngII. Moreover, understanding of the RAAS has become much more complex in recent years with the identification of novel peptides (e.g., AngIV) that could bind to specific receptors, elucidating deleterious effects, and non–angiotensin-converting enzyme (ACE)-mediated generation of AngII. The ability of renal cells to produce AngII in a concentration that is much higher than what is found in the systemic circulation and the observation that aldosterone may be engaged directly in profibrogenic processes independent of hypertension have added to the complexity of the RAAS. Even renin has now been identified to have a “life on its own” and mediates profibrotic effects engaged directly in profibrogenic processes independent of hypertension have added to the complexity of the RAAS. Even renin has now been identified to have a “life on its own” and mediates profibrotic effects, independent of hypertension. Even renin has now been identified to have a “life on its own” and mediates profibrotic effects, independent of hypertension. Even renin has now been identified to have a “life on its own” and mediates profibrotic effects, independent of hypertension.

Figure 1 provides an overview of our current understanding of the RAAS. Inhibition of the renin-angiotensin-aldosterone system (RAAS) is one of the most powerful maneuvers to slow progression of renal disease. Angiotensin II (AngII) has emerged in the past decade as a multifunctional cytokine that exhibits many nonhemodynamic properties, such as acting as a growth factor and profibrogenic cytokine, and even having proinflammatory properties. Many of these deleterious functions are mediated by other factors, such as TGF-β and chemoattractants that are induced in the kidney by AngII. Moreover, understanding of the RAAS has become much more complex in recent years with the identification of novel peptides (e.g., AngIV) that could bind to specific receptors, elucidating deleterious effects, and non–angiotensin-converting enzyme (ACE)-mediated generation of AngII. The ability of renal cells to produce AngII in a concentration that is much higher than what is found in the systemic circulation and the observation that aldosterone may be engaged directly in profibrogenic processes independent of hypertension have added to the complexity of the RAAS. Even renin has now been identified to have a “life on its own” and mediates profibrotic effects, independent of hypertension. Even renin has now been identified to have a “life on its own” and mediates profibrotic effects, independent of hypertension. Even renin has now been identified to have a “life on its own” and mediates profibrotic effects, independent of hypertension.

How the RAAS Was Seen in the Past

Traditionally, the RAAS was considered as an endocrine system with angiotensinogen, produced in the liver, that is cleaved by renin released from renal juxtaglomerular cells (4). By this way, angiotensin I (AngI) is generated, which, in turn, is further cleaved by angiotensin-converting enzyme (ACE) activity of the lungs into the active form of AngII. AngII then binds to specific receptors in adrenal cortex, resulting in release of aldosterone. In this classical view, the cardinal function of the RAAS is maintaining of BP by AngII-induced vasoconstriction and aldosterone-mediated sodium retention in the collecting duct (4). However, the RAAS has become complex in recent years, and novel components of this network have been identified. Figure 1 provides an overview of our current understanding.

Generation of AngII and Other Peptides

The most widely known enzyme that is capable of AngII formation is ACE, but it is not the only one. Other AngII-generating enzymes include the serine protease chymase, which is supposed to mediate >80% of AngII formation in the heart and >60% in the vessels (5). ACE inhibitors do not reduce chymase activity. Upregulation of chymase, mainly in the tubules, is observed in renal biopsies of patients with diabetic nephropathy (5). These findings indicate that under pathologic...
AngII Receptors

The multiple effects of AngII are mediated by different receptors. The two major AngII receptors, AT$_1$ and AT$_2$, are differentially expressed within the kidney (12). Both are characterized by the configuration of a seven-transmembrane receptor but share only approximately 30% homology on the protein level. AT$_1$ receptors are coupled to heterotrimeric G proteins and mediate different, mainly second-messenger signal transduction pathways, such as activation of phospholipases, inhibition of adenylate cyclase, stimulation of tyrosine phosphorylation, extracellular signal–regulated kinases 1 and 2, the phosphatidylinositol 3-kinase–dependent kinase Akt, and the mammalian target of rapamycin/S6 kinase pathway (12). AT$_1$ receptor activation also stimulates release of reactive oxygen species by a mechanism that involves activation of the membrane-bound NAD(P)H oxidase.

Lautrette et al. (13) recently described a novel mechanism by which AngII transactivates the EGF receptor during renal injury in a model of chronic AngII infusion over 2 mo. They found that AngII induced secretion of TGF-$
\beta$ that binds to and activates the EGF receptor, explaining how AngII through transactivation of the EGF receptor could exhibit tyrosine kinase activity (13).

AT$_2$ receptors are involved in an increase in intracellular protein phosphatase activity (14). The number of AT$_1$ and AT$_2$ receptors is developmentally regulated, and during maturation of the kidney, AT$_1$ receptor expression becomes more abundant.

AT$_1$ receptor expression is upregulated by various stimuli, such as hypercholesteremia or a change in osmolality, but is suppressed by high AngII concentrations or glitazones (12). N-acetylcysteine, an antioxidant that reduces disulfide bonds, decreased AngII binding to AT$_1$ receptors (15). AT$_2$ receptors are not suppressed by AngII, but, interesting, they are upregulated in injured tissue and during inflammation (14). In particular, AT$_2$ receptors are re-expressed in the kidney during renal injury and remodeling nephrons. The ability of AT$_2$ receptors to form homodimers as well as heterodimers with other receptors such as the bradykinin receptor results in a significant acceleration of signal transduction activity after AngII stimulation (16).

Almost all AngII-induced physiologic and pathophysiologic functions, such as vasoconstriction, aldosterone release, stimulation of tubular transport, proinflammatory effects, and profi-
brogenic and growth stimulatory actions, are mediated by AT₁ receptors (12). The role of AT₂ receptors seems less clear. Activation of AT₂ receptors leads to a decrease in BP through release of nitric oxide, inhibits growth and induces differentiation, and also is involved in mediation of apoptosis (14). Recent evidence suggests that activation of NF-κB, an important proinflammatory transcription factor, is mediated by AT₁ and AT₂ receptors. The question of which pathophysiologic effects are mediated through the AT₂ receptor is of clinical relevance because not all important pathophysiologic functions of AngII may be antagonized by AT₁ receptor blockers.

Agnostic antibodies against AT₁ receptors have been identified in pregnant women with preeclampsia and in patients with secondary malignant hypertension (17). These autoantibodies against AT₁ receptors lead to a stimulation of the receptor (18). Some renal transplant patients who have chronic allograft failure without classic HLA antibodies have such agnostic antibodies against the AT₁ receptor, and they were involved in vasculitis with destruction of the renal allograft (18).

Polymorphisms for different components of the RAAS, such as ACE, angiotensinogen, or AT₁ receptors, have been described with controversial results (19), mainly explained by the different ethnic backgrounds of the study populations. Huang et al. (20) induced diabetes in mice that had one, two, or three copies of the ACE gene. Twelve weeks later, the three-copy diabetic mice had increased BP and overt proteinuria. Proteinuria was correlated to plasma ACE level in the three-copy diabetic mice. Thus, a modest genetic increase in ACE levels leads to aggravation of diabetic nephropathy in mice in comparison with reduced ACE gene expression (20). These data indicate that there likely is some genetic influence on the activity of the RAAS, but how this translates into the individual risk for predisposition or progression of renal disease remains unclear.

**Local RAAS**

During the past two decades, local RAAS have been described to operate independent from their systemic counterpart (21). A local RAAS including all its components could have been shown in the proximal tubular cells of the kidney (Figure 2). Proximal tubular cells actively produce AngII and also secrete angiotensinogen into the urine (21). Intraluminal angiotensinogen may be converted in the distal tubules to AngII, and recent observations suggest that it leads to induction of sodium channels independent of aldosterone (22). Hyperglycemia and proteinuria could stimulate local AngII synthesis, mainly by oxygen species as signal transducers (12). Renal injury activates the local RAAS directly and indirectly. For example, a reduction in calcitriol stimulates renin transcription accompanied by local increase of AngII, demonstrating an indirect activation (12).

Of clinical relevance is the observation that complete systemic inhibition of the AngII formation by an ACE inhibitor is not accompanied by a significantly reduced intrarenal AngII production (23). Intrarenal AngII is found regionally compartmentalized (24). Intact AngII is found in endosomes that are derived from receptor-mediated endocytosis. This might be an important mechanism, because observations in certain cells demonstrated that AngII can be translocated into the nucleus, where it directly regulates the gene transcription (12). AngII has many diverse effects on renal cells, some of which are depicted in Figure 3.

**Proteinuria**

Besides hypertension, proteinuria is one of the most important risk factors for the progression of renal diseases. As outlined in detail in the accompanying article by Remuzzi et al., increased tubular absorption of filtered proteins induces tubulointerstitial inflammation, ultimately resulting in tubular atrophy, interstitial fibrosis, and loss of renal function. The RAAS plays an important role in many of the pathophysiologic pro-
cesses that are associated with proteinuria. First, AngII is a mediator of proteinuria. It preferentially raises efferent glomerular arteriole resistance. AngII induces TGF-β1 in the various renal cells (25). Sharma et al. (26) recently showed that TGF-β1 impairs the autoregulation by afferent arterioles. Because afferent arterioles respond to an increase in arterial pressure with vasoconstriction, impaired autoregulation in the presence of TGF-β1 leads to an elevation in transcapillary pressure, particularly during systemic hypertension. Thus, AngII directly (efferent vasoconstriction) and indirectly (TGF-β1–mediated impaired afferent arteriole autoregulation) enhances capillary filtration pressure.

Moreover, AngII exhibits direct effects on the integrity of the ultrafiltration barrier. It has been shown that AngII decreases the synthesis of negatively charged proteoglycans and additionally suppresses nephrin transcription (12,27). Because intact nephrin–nephrin signaling is important for the survival of podocytes, AngII-mediated suppression of nephrin results in podocyte apoptosis. Vascular endothelial growth factor (VEGF) also could be important in increasing the permeability of the ultrafiltration barrier. Neutralization of VEGF with an antibody reduces proteinuria by one half in a model of diabetic nephropathy (28). AngII stimulates VEGF expression through AT1 and AT2 receptor. The increase of VEGF expression through AT2 receptors presumably is mediated by an increase in hypoxia-inducible factor 1α because AT2 receptor activation led to a downregulation of prolyl hydroxylase 3, an enzyme that is important for initiating the degradation of hypoxia-inducible factor 1α (29). AngII-induced synthesis of the α3 chain of collagen type IV, the principal ingredient of the glomerular basement membrane, is mediated by VEGF and TGF-β1 (30). Consequently, AngII through hemodynamic and nonhemodynamic mechanisms increases proteinuria.

In the proximal tubule, albumin and other ultrafiltered proteins are reabsorbed by endocytosis involving megalin and cubulin (31). AngII stimulates albumin endocytosis in proximal tubule cells via AT2 receptor–mediated protein kinase B activation. However, an increase in tubular albumin reabsorption activates the tubular RAAS, leading to a vicious circle (32). Albumin uptake induces a deluge of proinflammatory and profibrogenic cytokines such as RANTES, monocyte chemotactant protein-1, IL-8, endothelin, and TGF-β1 (33). This stimulates the migration of immune-competent cells into the interstitium.

**Inflammation**

AngII activates through AT1 and AT2 the proinflammatory transcription factor NF-κB (34). In addition, AngIII and AngIV can stimulate NF-κB (33). It therefore is obvious that sartanes could block only some proinflammatory effects of the RAAS. The Rho kinase pathway is involved in AngII-mediated NF-κB activation. Furthermore, AngII stimulates the transcription factor Ets, and this factor is a critical regulator of vascular inflammation with T cell and macrophages/monocytes recruitment to the vessel wall (35). We recently demonstrated another mechanism for how AngII could contribute to renal inflammation. AngII upregulates on mesangial cells Toll-like 4 receptors that bind LPS (36). This AngII-mediated Toll-like 4 receptor upregulation resulted in enhanced NF-κB activation (36). The recruitment of inflammatory cells into the glomerulus as well as into the tubulointerstitium plays a pivotal role in progression of chronic renal disease. AngII stimulates upregulation of adhesion molecules such as vascular cellular adhesion molecule-1, intracellular adhesion molecule-1, and integrins, allowing circulating immune cells to adhere on capillaries. NF-κB–mediated transcription of chemokines, including monocyte chemotactant protein-1, RANTES, and other chemokines, then is responsible for renal tissue infiltration with leukocytes. In addition, AngII may directly stimulate proliferation of lymphocytes (33). It is interesting that lymphocytes are an active source of AngII, further amplifying proinflammatory effects (37). It is obvious that the AngII-mediated proinflammatory effects amplify the pathophysiologic changes that are induced by proteinuria.

**Growth Effects and Apoptosis**

AngII stimulates proliferation of mesangial cells, glomerular endothelial cells, and fibroblasts. In contrast, the peptide induces hypertrophy of proximal tubular cells by a p27Kip1–mediated cell-cycle arrest (38,39). Proliferation of glomerular cells and fibroblasts could enhance structural renal damage and fibrosis. AngII-induced tubular hypertrophy, although initially an adaptive response to loss of functional nephrons, is over the long term maladaptive and likely fosters development of tubular atrophy and interstitial fibrosis. Moreover, AngII induces apoptosis under certain conditions in vivo and in vitro (39). Experimental evidence suggests that AT1 and AT2 receptors are involved in this effect. The decision of whether cells undergo growth stimulatory effects (proliferation, hypertrophy) or rather apoptosis may depend on the presence of additional growth factors and cytokines and the activation state of the cell. Furthermore, the AngII concentration may play a role, but why the peptide mediates growth stimulatory effects under certain experimental conditions and induces apoptosis in other settings is not completely understood.

**Fibrosis**

Probably the most direct evidence that AngII is involved in renal scarring stems from targeted overexpression of renin and angiotensinogen in rat glomeruli (25). Seven days after transfection, extracellular matrix (ECM) was expanded in rats with glomerular renin and angiotensinogen overexpression without systemic hypertension. AngII induces mRNA encoding the ECM proteins type I procollagen and fibronectin in cultured mesangial cells and also stimulates the transcription and synthesis of collagen type α1(IV) and α3(IV) but not type I in cultured proximal tubular cells (25). The stimulatory effects of AngII on collagen expression depends on TGF-β1 expression. AngII stimulates proliferation of cultured renal fibroblasts and increases mRNA expression of TGF-β, fibronectin, and type I collagen. A novel twist to the whole story is the recent observation that renin alone, through a specific receptor, stimulates TGF-β1 in mesangial cells (40). These findings raise the intriguing possibility that elevated renin, as a consequence of ACE
inhibitor or AT\textsubscript{1} receptor treatment, may contribute directly to renal fibrosis via TGF-\(\beta\) despite AngII blockade. AngII increases connective tissue growth factor (CTGF) in the kidney (41). CTGF is a novel fibrotic mediator and is stimulated by TGF-\(\beta\). However, AngII-induced CTGF expression also occurs independent of TGF-\(\beta\) (41).

A delicate balance between ECM synthesis and degradation under physiologic conditions prevents fibrosis. AngII induces via AT\textsubscript{1} receptors plasminogen activator inhibitor-1 (PAI-1) and tissue inhibitor of matrix metalloproteinases-1 (TIMP-1). PAI-1 and TIMP-1 inhibit metalloproteinases and thereby matrix turnover, resulting in accumulation of ECM. Through stimulating the expression of PAI-1 in the proximal tubules via the AT\textsubscript{4} receptor, AngIV can play a role in the development of renal fibrosis independent from the activation of AT\textsubscript{1} and AT\textsubscript{2} receptors (42). Because of upregulation of AngIV, which generates enzymes under conditions with high local AngII concentrations and in diabetic nephropathy (10), accelerated degradation of AngII into AngIV could activate AT\textsubscript{4} receptors, inducing PAI-1.

Ingenious experiments have demonstrated that more than one third of local fibroblasts in renal interstitial fibrosis originate from tubular epithelial cells through a process called epithelial-to-mesenchymal transition (EMT). The molecular mechanism of EMT was reviewed previously in detail (43). EMT may be important in later stages of renal disease progression, leading to interstitial fibrosis and tubular atrophy because of vanishing epithelial cells. One important mediator of EMT is TGF-\(\beta\), and AngII could contribute to EMT through induction of this profibrotic factor (43). EMT is antagonized by hepatocyte growth factor. Because AngII suppresses hepatocyte growth factor synthesis, AngII additionally may foster EMT via a reduction of its antagonist (44).

ACE Inhibitor and AT\textsubscript{1} Receptor Effects Independent of the RAAS

Recent evidence suggests that ACE inhibitors as well as AT\textsubscript{1} receptor blockers can influence cellular functions independent of inhibition of the RAAS. For example, ACE inhibitors block the hydrolysis of N-acetyl-seryl-aspartyl-lysyl-proline (AcSDKP). Some protective effects of ACE inhibitor (e.g., inhibition of fibrosis, reduction of inflammatory cell infiltration) are the result of the inhibition of AcSDKP hydrolysis rather than inhibition of AngII formation in a model of AngII-induced cardiac fibrosis (45). Whether similar mechanisms are operative in the kidney remains unclear.

Using endothelial cells, it has been demonstrated that the ACE inhibitors ramiprilat and perindoprilat increase CK2-mediated phosphorylation of serine\textsuperscript{\textasciitilde} (46). Furthermore, ACE inhibitor treatment increased the activity of N-terminal kinase in endothelial cells. These provocative findings indicate that ACE inhibitors may mediate cellular function by “outside-in” signaling directly through ACE, an effect that is totally independent of the generation of AngII (46).

Evidence is accumulating that some AT\textsubscript{1} receptor antagonists, such as telmisartan, activate the peroxisome proliferator-activated receptor-\(\gamma\) (PPAR-\(\gamma\)), a widely known target for treatment of the metabolic syndrome and diabetes (47). Recent studies have indicated that in addition to anti-diabetic properties, PPAR-\(\gamma\) activators may improve renal disease, normalize hyperfiltration, and reduce proteinuria (47). The PPAR-\(\gamma\)-activating properties of certain sartanes do not require the presence of AT\textsubscript{1} receptors and are caused by the molecular structure of the specific sartanes (47). Therefore, it is possible that some of the protective effects of AT\textsubscript{1} receptor blockers in slowing the progression of chronic renal disease are due to actions that are independent of the RAAS action.

### What about Aldosterone?

The classic understanding of aldosterone as a hormone that is produced in the adrenal cortex, which is involved in the reabsorption of sodium and the secretion of potassium and protons in the collecting duct, needs to be extended. These aldosterone effects have been explained as genomic effects that are caused by increased transcription of different target genes after binding of aldosterone to cytoplasmic receptors. Newer data provide evidence that nongenomic effects of aldosterone, such as the activation of certain signal transduction pathways, occur in several organs, including the kidney (48). Aldosterone also is generated in many other tissues besides the adrenal cortex. In various animal models of renal diseases, aldosterone is involved in endothelial dysfunction, inflammation, proteinuria, and fibrosis (48). Aldosterone increases the effect of AngII, induces the generation of reactive oxygen species, and leads to an acceleration of the AngII-induced activation of mitogen-activated protein kinases (49). These findings indicate that blockade of mineralocorticoid receptors presumably is beneficial even in situations with high AngII, because common signal transduction pathways between the two systems are interrupted. The first clinical studies seem to be showing that blockade of the aldosterone receptors provides additional renal protection even in the presence of ACE inhibition or AT\textsubscript{1} receptor antagonism. However, the potential threat of hyperkalemia with such an approach requires further clinical studies to test the safety of this treatment.

### Conclusion

The RAAS has come a long way since we described more than 15 yr ago structural and profibrotic effects of AngII on renal cells (38). This fascinating system has become increasingly complex, and the search for new members still continues. AngII has emerged from a vasoconstrictor to the major multifactorial peptide involved in the progression of renal disease. A comprehensive understanding of the RAAS with novel pharmacologic approaches to interfere with its members (e.g., the renin inhibitor askiren) hopefully will provide tools to halt progression completely and induce regression of renal disease.

### Acknowledgments

Original studies in the authors’ laboratory are supported by the Deutsche Forschungsgemeinschaft. We apologize to all of the contributors in this burgeoning field whose publications could not be acknowledged because of restrictions on the number of references.

G.W. thanks Eric G. Neilson for support, encouragement, and unbe-
lievable foresight in the late 1980s, when nobody believed that AngII is more than a vasoconstrictor.

References