Variants in Complement Factor H and Complement Factor H-Related Protein Genes, CFHR3 and CFHR1, Affect Complement Activation in IgA Nephropathy

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ABSTRACT

Complement activation is common in patients with IgA nephropathy (IgAN) and associated with disease severity. Our recent genome-wide association study of IgAN identified susceptibility loci on 1q32 containing the complement regulatory protein-encoding genes CFH and CFHR1–5, with rs6677604 in CFH as the top single-nucleotide polymorphism and CFHR3–1 deletion (CFHR3–1Δ) as the best signal for copy number variation. In this study, to explore the clinical effects of variation in CFH, CFHR3, and CFHR1 on IgAN susceptibility and progression, we enrolled two populations. Group 1 included 1178 subjects with IgAN and available genome-wide association study data. Group 2 included 365 subjects with IgAN and available clinical follow-up data. In group 1, rs6677604 was associated with mesangial C3 deposition by genotype–phenotype correlation analysis. In group 2, we detected a linkage between the rs6677604-A allele and CFHR3–1Δ and found that the rs6677604-A allele was associated with higher serum levels of CFH and lower levels of the complement activation split product C3a. Furthermore, CFH levels were positively associated with circulating C3 levels and negatively associated with mesangial C3 deposition. Moreover, serum levels of the pathogenic galactose-deficient glycoform of IgA1 were also associated with the degree of mesangial C3 deposition in patients with IgAN. Our findings suggest that genetic variants in CFH, CFHR3, and CFHR1 affect complement activation and thereby, predispose patients to develop IgAN.


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IgA nephropathy (IgAN) is the most common type of primary GN worldwide1–3 and widely considered to be a polygenic disease.4–6 Although the exact pathogenesis is still unclear, a multihit mechanism has been proposed for IgAN, including at least four hits (production of galactose-deficient IgA1 [Gd-IgA1], production of antiglycan antibodies, formation of IgA1-containing immune complexes, and glomerular injury after mesangial deposition).7 In recent years, thanks to rapid advances in genotyping technology, genome-wide association studies (GWASs) have been used to identify common genetic factors that influence health and disease.8 In IgAN, three groups of scientists from England, the United States, and China independently performed GWASs and identified several IgAN susceptibility loci.9–11 In our previous GWAS for IgAN, 1q32 was identified as one of these loci. The genomic region 1q32 contains complement factor H (CFH) and the CFH-related protein genes CFHR3 and CFHR1.
(CFHR3, CFHR1, CFHR4, CFHR2, and CFHR5). In this region, rs6677604 in CFH was the top single-nucleotide polymorphism (SNP), and a deletion spanning CFHR3 and CFHR1 (CFHR3–1Δ) was the top signal in the genome-wide copy number polymorphism analysis. The variant rs6677604 is a noncoding SNP located in intron 11 of the CFH gene. Although associated with genetic susceptibility for many complex diseases, such as age-related macular degeneration (AMD) and SLE, its functional significance is still unclear. The minor allele frequency of rs6677604 varies substantially among individuals from different ethnic groups, ranging from 35% in Africans to 6% in South Asians. In addition, strong linkage disequilibrium (LD) was reported between rs6677604 and CFHR3–1Δ, which also hindered the in-depth functional exploration of both variants.

CFH and CFHR genes are arranged in tandem within the regulators of complement activation cluster. CFH protein, encoded by gene CFH, is a well-known inhibitor of complement activation with a variety of functions, including competition with factor B to hinder the formation of C3 convertase, facilitation of the dissociation of C3 convertase, and support of proteolytic cleavage of C3b by factor I. Although complement regulatory functions have been attributed to CFH, CFHR3, and CFHR1, their precise biologic roles are not identical. CFHR1 was reported to inhibit C5 convertase and terminal complex formation, whereas CFHR3 was found to function as a cofactor for factor I in inactivating C3b.

In IgAN, the complement system has attracted great attention. In addition to IgA deposition, C3 is the most commonly codeposited molecule, affecting approximately 90% of patients. Serologic complement activation has been identified in IgAN. Additionally, we recently reported elevated urine CFH levels in patients with IgAN. Accumulating evidence from related macular degeneration (AMD) and SLE, its functional role in IgAN pathogenesis, and the regulatory impact of CFH and CFHRs in complement activation, we chose in this region to investigate CFH levels and complement activation status in patients with IgAN with different variants of CFH, CFHR3, and CFHR1 to explore the genetic basis for the association of CFH, CFHR3, and CFHR1 with IgAN susceptibility.

RESULTS

The rs6677604 Variant of CFH Was Associated with Intensity of Mesangial C3 Deposits in IgAN

We analyzed an association between rs6677604 and glomerular C3 deposition to evaluate genotype–phenotype correlation in patients with IgAN. Patients with the rs6677604-AA/AG genotype had less intense mesangial C3 deposits, whereas those with the rs6677604-GG genotype had mesangial C3 deposits of greater intensity (0, 1+, 2+, and 3+–4+: 13.7%, 28.4%, 31.6%, and 26.3%, respectively, in the rs6677604-AA/AG genotype versus 10.1%, 16.4%, 39.2%, and 34.3%, respectively, in rs6677604-GG genotype). A negative correlation was found between circulating C3 levels and mesangial C3 deposition. Patients with 3+–4+ mesangial C3 deposition presented with significantly lower circulating C3 levels than those with lower grades of C3 deposition (0, 1+, 2+, and 3+–4+: 1.09±0.26, 1.08±0.20, 1.03±0.23, and 0.96±0.21 g/L, respectively; P<0.001) (Figure 1B).

Circulating C3 Levels Were Associated with Mesangial C3 Deposition

Among 1008 patients with IgAN in group 1 with data available on circulating C3 levels, 233 patients had levels below the lower limit of our laboratory reference range (<85 mg/dL), implying the possibility of systemic complement activation in these patients with IgAN. In this study, a negative correlation was found between circulating C3 levels and mesangial C3 deposition. Patients with 3+–4+ mesangial C3 deposition presented with significantly lower circulating C3 levels than those with lower grades of C3 deposition (0, 1+, 2+, and 3+–4+: 1.09±0.26, 1.08±0.20, 1.03±0.23, and 0.96±0.21 g/L, respectively; P<0.001) (Figure 1A).

Both Circulating IgA and Gd-IgA1 Levels Were Associated with Intensity of Mesangial C3 Deposits

On the basis of our understanding of IgAN pathogenesis, circulating Gd-IgA1 molecules are the initial pathogenic factor in IgAN. Here, we compared circulating IgA and Gd-IgA1 levels among patients with IgAN with different degrees of mesangial C3 deposition. We found that patients who showed greater intensity of mesangial C3 deposits had higher levels of circulating IgA (0, 1+, 2+, and 3+–4+: 2.95±1.19, 3.08±1.22, 3.19±1.10, and 3.39±1.23 g/L, respectively; P<0.001) (Figure 1C) and Gd-IgA1 (0, 1+, 2+, and 3+–4+: 279.61±144.68, 306.50±128.64, 313.29±128.89, and 350.15±165.54 units/mL, respectively; P<0.01) levels (Figure 1D), indicating a positive correlation between the intensity of mesangial C3 deposits and the levels of circulating IgA and Gd-IgA1.

Minor Allele A of rs6677604 Tagged CFHR3–1Δ

Strong LD between the CFHR3–1Δ and the rs6677604-A allele has been observed in SLE and AMD. Here, we detected copy number variations (CNVs) in the CFHR3–1 region in a subgroup of group 2 that included 83 patients with IgAN and 88 healthy controls by multiplex ligation-dependent probe amplification (MLPA). Because we were aiming to establish the genetic linkage between rs6677604 and the CFHR3–1Δ, more individuals with minor genotypes of rs6677604 (AA/AG) were analyzed compared with their proportion in the general population.

All individuals with the rs6677604-GG genotype (41 patients with IgAN and 28 healthy controls) carried two copies of CFHR3 and CFHR1. Approximately 90% of individuals with the rs6677604-AG genotype were heterozygous for CFHR3–1Δ (39 of 42 patients with IgAN and 49 of 55 healthy controls). Of the remaining nine patients, seven patients carried heterozygous CFHR3Δ alone (three patients with IgAN and four healthy controls), and two patients were heterozygous CFHR3Δ/homozygous CFHR1Δ (two healthy controls). Finally, among five patients with the rs6677604-AA genotype (all were healthy controls), four
The results indicated that the rs6677604-A allele completely tagged one patient was heterozygous for CFH. Individuals with the rs6677604-AG genotype presented with lower intensity of mesangial C3 deposits in 365 patients with IgAN and 117 healthy controls in group 2. Individuals with the rs6677604-AG genotype compared with patients with the rs6677604-GG genotype had even higher complement activation in IgAN, suggesting a greater degree of systemic complement activation in patients with IgAN with the rs6677604-GG genotype.

Positive Correlation between Circulating CFH and C3 Levels
To explore the regulation of systemic complement activation in IgAN, we further analyzed the correlation between circulating CFH and C3 levels. In patients with IgAN from group 2, we found that circulating CFH levels were positively correlated with circulating C3 levels (correlation coefficient=0.360; P<0.001) (Figure 5A), suggesting the involvement of CFH in the regulation of systemic complement activation in IgAN.

Circulating CFH Was Associated with Mesangial C3 Deposition
As in group 1, patients with IgAN in group 2 with greater mesangial C3 deposition presented with lower circulating C3 levels (0, 1+, 2+, and 3++-4+; 213.7%, 28.4%, 31.6%, and 26.3%, respectively, in rs6677604-AA/AG versus 10.1%, 16.4%, 39.2%, and 34.3%, respectively, in rs6677604-GG; P=0.01). Moreover, patients with no C3 deposition had significantly decreased in patients with the rs6677604-GG genotype (sus AG versus GG: 426.26 ± 306.50 ng/ml; P<0.001) (Figure 3).

Because CFH is a complement regulatory protein, we then detected levels of the complement activation split product C3a in 68 patients with IgAN. Circulating C3a was significantly decreased in patients with the rs6677604-AG genotype compared with patients with the rs6677604-GG genotype (C3a: 464.0 [275.3-687.6] versus 2715.1 [1044.8-4405.3] ng/ml; P<0.001) (Figure 4), suggesting a greater degree of systemic complement activation in patients with IgAN with the rs6677604-GG genotype.

The rs6677604-A Allele Was Associated with Higher CFH and Lower C3a Levels
To explore the underlying mechanism of the relationship between rs6677604 and mesangial C3 deposition, we detected circulating CFH levels in 365 patients with IgAN and 117 healthy controls in group 2. Individuals with the rs6677604-AG genotype presented with higher circulating CFH levels compared with those with the rs6677604-GG genotype in patients with IgAN and healthy controls (Figure 3). Healthy individuals with the rs6677604-AA genotype had even higher CFH levels than those with the rs6677604-AG genotype (patients with IgAN: AG versus GG: 431.29 ± 131.71 versus 376.27 ± 147.06 μg/ml; P=0.03; healthy controls: AA versus AG versus GG: 426.26 ± 71.73 versus 373.37 ± 97.71 versus 328.81 ± 80.03 μg/ml; P<0.001) (Figure 3).

Figure 1. Contributors associated with mesangial C3 deposits in IgAN. (A) The rs6677604-A allele was associated with lower intensity of mesangial C3 deposits. Patients with IgAN with the AA/AG genotype of rs6677604 (n=95) had high intensity of mesangial C3 deposits compared with those with the rs6677604-GG genotype (n=1083) (0, 1+, 2+, and 3++-4+: 13.7%, 28.4%, 31.6%, and 26.3%, respectively, in rs6677604-AA/AG versus 10.1%, 16.4%, 39.2%, and 34.3%, respectively, in rs6677604-GG; P=0.01). (B) Lower circulating C3 levels were associated with greater mesangial C3 deposition. Circulating C3 levels decreased significantly from 0 to 3++-4+ mesangial C3 deposition in patients with IgAN (0, 1+, 2+, and 3++-4+: 1.09±0.26, 1.08±0.20, 1.03±0.23, and 0.96±0.21 g/L, respectively; P<0.001; n=106, n=169, n=382, and n=351, respectively). (C and D) Higher circulating IgA and Gd-IgA1 levels were associated with greater mesangial C3 deposition. From 0 to 3++-4+ mesangial C3 deposition, significantly increased levels of circulating IgA (0, 1+, 2+, and 3++-4+: 2.95±1.19, 3.08±1.22, 3.19±1.10, and 3.39±1.23 g/L, respectively; P=0.001; n=109, n=173, n=390, and n=357, respectively) and Gd-IgA1 levels (0, 1+, 2+, and 3++-4+: 279.61±144.68, 306.50±128.64, 313.29±128.89, and 350.15±165.54 units/ml, respectively; P<0.009; n=38, n=82, n=177, and n=183, respectively) were observed in patients with IgAN.

(80%) patients were homozygous for CFHR3–IΔ, whereas one patient was heterozygous for CFHRIΔ alone. Thus, our results indicated that the rs6677604-A allele completely tagged CFHR3Δ and highly tagged CFHRIΔ (Figure 2).

Mesangial C3 Deposition but Not rs6677604 Genotype Was Associated with Oxford M, S, and T Grades
To explore the clinical implications of rs6677604 and mesangial C3 deposition in IgAN, we compared clinical and histologic manifestations at biopsy among patients with IgAN with different rs6677604 genotypes and different grades of mesangial C3 deposition. We found that histologic changes were severe in
patients with greater mesangial C3 deposition, with a higher proportion classified as M1, S1, and T1/T2 grades, although there was no significant difference in clinical characteristics (Table 1). For patients with IgAN with rs6677604-AG and rs6677604-GG genotypes, no associations with clinical and pathologic findings were observed.

DISCUSSION

A previous IgAN GWAS identified variants in CFH, CFHR3, and CFHR1 as IgAN-susceptible genetic polymorphisms. In this study, we found that variants in CFH, CFHR3, and CFHR1 were associated with circulating CFH levels and also affected systemic complement activation in IgAN. Our findings have provided functional annotation for the GWAS locus and revealed a possible genetic mechanism for IgAN susceptibility caused by variants of CFH, CFHR3, and CFHR1.

CFH, CFHR3, and CFHR1 are regulators of the complement system, which plays a key role in immune surveillance and homeostasis. In many systemic autoimmune diseases, activation of the complement system is involved in pathogenesis. In recent years, it has become more apparent that IgAN is an autoimmune disease, in which IgA1-containing immune complexes initiate glomerular injury. As in other autoimmune diseases, complement activation has also been reported in IgAN. Our previous GWAS of IgAN identified 1q32 as an IgAN susceptibility locus, with rs6677604 in CFH as the top signal. However, in another GWAS in Europeans, 1q32 was not identified, which might be because of the relatively small population and low statistical power. Moreover, in a recent IgAN GWAS, in which the southern Chinese were recruited as the discovery population, 1q32 was also not identified. In our previous GWAS, the signal at rs6677604 was weaker in the southern Chinese compared with in the northern Chinese; this discrepancy might be caused by differences in genetic structure between the southern and northern Chinese. In a recent GWAS replication study, the association of 1q32 with IgAN susceptibility was confirmed in eight new independent cohorts. On the basis of this genetic association, we further explored the clinical significance of rs6677604 in IgAN. Our finding that the rs6677604 locus was associated with mesangial C3 deposition in patients with IgAN implied a functional role for rs6677604 in complement activation and more importantly, aroused our interest in the complement activation mechanism in IgAN.

Undoubtedly, multiple factors contribute to complement activation in IgAN. Other than rs6677604, we found that circulating IgA, Gd-IgA1, and C3 levels were also associated with mesangial C3 deposition in IgAN. The variation in Gd-IgA1 levels paralleled that of mesangial C3 deposition, suggesting that elevated Gd-IgA1 initiated complement activation and induced subsequent mesangial C3 deposition in IgAN. Because circulating IgA consists mostly of IgA1, the same trend was observed in circulating IgA. It is worth noting that decreased circulating C3 levels in autoimmune disease are probably caused by C3 consumption because of systemic complement activation. Our observation of a negative correlation between circulating C3 and mesangial C3 deposition, therefore, suggested that systemic complement activation contributed to generating C3-containing immune complexes that may have been subsequently deposited in the mesangium. Although local complement activation is widely accepted in IgAN, other studies have also observed systemic complement activation, which is consistent with our findings. On the basis of these studies together with our understanding of a multihit mechanism of IgAN pathogenesis, we propose a hypothesis regarding systemic complement activation in IgAN. Gd-IgA1 molecules bound by antiglycan autoantibodies form circulating IgA1-containing immune complexes. These immune complexes induce systemic complement activation and ultimately, deposit in the glomerular mesangium, inducing glomerular injury (Figure 6). According to our finding of an association between rs6677604 genotype and mesangial C3
deposition, we speculate that variants in CFH (rs6677604) affect mesangial C3 deposition through the regulation of systemic complement activation in IgAN.

To further investigate this hypothesis, we enrolled group 2. In group 2, we found individuals with the rs6677604-A allele had increased CFH levels. Recently, Ansari et al. reported that rs6677604 and CFHR3–1A were strongly correlated with plasma CFH concentration, which is in accordance with our findings. Moreover, the CFHR3–1A resulted in the absence of CFHR1 protein, which was recently shown to function as a competitive antagonist of CFH. Therefore, higher CFH levels, together with the absence of antagonist (CFHR1 protein), resulted in the robust complement inhibition, which is represented by the higher circulating C3 and lower C3a that we observed in patients with IgAN with the rs6677604-AG genotype and CFHR3–1A. In accordance with our findings, Yang et al. reported that rs3753394 in CFH was associated with circulating C3 levels. Because rs3753394 and rs6677604 are in LD, the study by Yang et al. provides independent validation for our findings. Meanwhile, by showing that plasma CFH was positively correlated with circulating C3 levels and negatively correlated with mesangial C3 deposition, our results suggest that rs6677604 regulated systemic complement activation and the subsequent mesangial C3 deposition in IgAN through its influence on CFH. Together with our previous hypothesis regarding systemic complement activation in IgAN, we provide a possible functional explanation for the association between IgAN and rs6677604. We revealed that rs6677604 in CFH affected circulating complement activation through its effect on CFH function, suggesting a potential genetic mechanism for the predisposition to IgAN caused by variants in CFH, CFHR3, and CFHR1 (Figure 6).

After our investigation of IgAN susceptibility, we further explored the influence of various factors on IgAN severity. We found that mesangial C3 deposition rather than rs6677604 was associated with severe histopathologic features, which was shown by Oxford M, S, and T scores. Our results support a role for mesangial C3 deposition, which might be associated with immune complex deposition, in kidney injury in IgAN. In accordance with this finding, previous studies showed that IgA1-containing immune complexes from patients with IgAN could activate mesangial cells to secrete a number of inflammatory factors that mediated renal injury.35–38 However, rs6677604-A and rs6677604-G alleles showed no significant association with clinical manifestations or histopathologic features. This finding could be explained as follows. Variation in CFH (rs6677604) was just one of multiple contributors to the deposition of IgA1-containing immune complexes. Thus, rs6677604 alone cannot predict the severity of IgAN, which is in accordance with the multifactorial nature and complex characteristics of IgAN pathogenesis.

On the basis of the involvement of rs6677604 in IgAN susceptibility and mesangial C3 deposition in IgAN severity, it is important to evaluate the predictive value of rs6677604 as well as mesangial C3 deposition for long-term renal outcome in IgAN. Recently, Kim et al. showed that mesangial C3 deposition predicted renal outcome in patients with IgAN. However, owing to the slowly progressive nature of IgAN and our relatively small
follow-up population, we failed to draw any convincing conclusions regarding the predictive value of rs6677604 and mesangial C3 deposition in our study.

Our study had several limitations. First, because high levels of LD were observed between rs6677604 and CFHR3–1Δ, we cannot distinguish which one is the causal variant. It is likely that rs6677604, located in the intron region, is a marker linked to another functional variant. Additional in-depth functional studies on a biologic model with genetic CFHR3–1Δ are required. Second, we attempted to assess local complement activation by using a semiquantification analysis of CFH expression in kidney biopsy samples. However, the results were not successful because of poor sensitivity. Third, the sample size for the follow-up population was limited. IgAN has a slowly progressive course. Thus, our follow-up cohort had limited power for survival analysis, especially regarding rs6677604, for which the minor allele frequency was low. Additional evaluation studies in other large and long-term follow-up cohorts are required in the future.

In conclusion, our study identified a series of significant associations of variants of CFH, CFHR3, and CFHR1 with circulating CFH levels and mesangial C3 deposition in patients with IgAN. These associations suggested a regulatory effect of these variants on complement activation in IgAN and provided a possible genetic mechanism for the predisposition to IgAN caused by variants in CFH, CFHR3, and CFHR1.

**CONCISE METHODS**

**Ethics Statement**

This study was approved by the medical ethics committee of Peking University, and informed written consent was obtained from every participant.

**Study Population**

To investigate the clinical meaning of genetic variants identified in the GWAS (rs6677604 and CFHR3–1Δ), we first recruited 1178 subjects with IgAN and available GWAS data (group 1). This group was almost the same as the Beijing Discovery Cohort reported in our previous IgAN GWAS, except for 16 patients with IgAN who were diagnosed by histochemical identification of IgA deposition rather than immunofluorescence (IF). In group 1, all of the patients had cross-sectional clinical data at the time of renal biopsy, but only 196 patients were regularly followed up in our hospital. Next, to further explore the underlying mechanism and the predictive value of rs6677604 for IgAN prognosis, we enrolled all of the northern Chinese patients with IgAN with available plasma samples and long-term follow-up data in our hospital to form group 2. Thus, 196 patients with IgAN with regular follow-up data in group 1 were also recruited into group 2 to make a total of 365 patients (group 2). The diagnosis of IgAN was verified by immunostaining showing granular deposition of IgA in the glomerular mesangium as well as ultrastructural examination showing the deposition of electron-dense materials in mesangium. Patients with Henoch–Schönlein purpura, SLE, and chronic hepatic diseases were excluded by detailed clinical and laboratory examinations. Additionally, plasma samples from 117 healthy controls from the GWAS population were used for circulating CFH detection.

For patients with IgAN in group 1, information regarding the rs6677604 genotype was extracted from our previous GWAS data.

Because measurements of circulating Ig and complement concentration were routine tests for patients undergoing renal biopsy in our hospital, we were able to collect circulating IgA and C3 levels from medical records for the majority of patients (including 1029 patients for IgA and 1008 patients for C3). Moreover, Gd-IgA1 levels were detected in 480 patients with IgAN in group 1. In our hospital, renal biopsy samples were processed in a standardized manner. C3 deposition in the mesangial area was detected by FITC-labeled polyclonal rabbit anti-human C3c complement antibody (Dako Cytomation, Glostrup, Denmark) and semiquantified using IF staining. IF findings were graded on a scale of 0–4 as follows: 0 (lack of deposits), 1+ (trace), 2+ (weak), 3+ (moderate), and 4+ (strong) (Supplemental Figure 1). Three successive pathologists were responsible for pathologic diagnosis of renal biopsy in our hospital, each one working for several years. All were trained by the same senior special pathologist to maintain consistency. For this study, the glomerular IF findings recorded in the biopsy reports were retrospectively reviewed.

For patients in group 2, information regarding the rs6677604 genotype was either extracted from GWAS data or detected by TaqMan allelic discrimination assays. Genotyping of CNVs of CFHR3–1Δ was performed in a subgroup of group 2 including 83 patients with IgAN and 88 healthy controls.

Clinical manifestations at the time of renal biopsy, including creatinine level, 24-hour urine protein excretion, and BP, were collected.
A cross-sectional comparison of baseline patient characteristics according to the rs6677604 genotype and mesangial C3 deposition

Table 1. A cross-sectional comparison of baseline patient characteristics according to the rs6677604 genotype and mesangial C3 deposition

<table>
<thead>
<tr>
<th>Characteristics</th>
<th>Total</th>
<th>AA</th>
<th>AG</th>
<th>P Value</th>
<th>0</th>
<th>1+</th>
<th>2+</th>
<th>3+</th>
<th>3+&lt;br&gt;P Value</th>
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<td>Patient numbers</td>
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<td>29</td>
<td>26</td>
<td>0.58</td>
<td>28</td>
<td>35</td>
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<tr>
<td>Sex (men/women)</td>
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<td>53.2%/46.8%</td>
<td>22/17</td>
<td>56.4%/43.6%</td>
<td>172/154</td>
<td>52.8%/47.2%</td>
<td>60/58</td>
<td>51.9%/48.1%</td>
<td>90/86</td>
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<tr>
<td>eGFR (ml/min)</td>
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<td>36.57</td>
<td>90.63</td>
<td>32.52</td>
<td>0.30</td>
<td>91.75</td>
<td>32.52</td>
<td>0.34</td>
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<tr>
<td>Proteinuria (g/d)</td>
<td>1.40 (0.80, 2.69)</td>
<td>1.40 (0.78, 2.71)</td>
<td>1.40 (0.78, 2.71)</td>
<td>1.40 (0.78, 2.71)</td>
<td>0.55</td>
<td>1.38 (0.79, 4.91)</td>
<td>1.82 (0.75, 3.43)</td>
<td>1.40 (0.81, 2.45)</td>
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<td>SBP (mmHg)</td>
<td>124.2</td>
<td>14.3</td>
<td>121.3</td>
<td>14.0</td>
<td>0.17</td>
<td>124.6</td>
<td>14.3</td>
<td>0.22</td>
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<td>DBP (mmHg)</td>
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<td>79.6</td>
<td>9.4</td>
<td>0.26</td>
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<td>0.26</td>
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<td>Oxford classi-</td>
<td>M (M0/M1)</td>
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<td>11/28</td>
<td>125/199</td>
<td>0.89</td>
<td>13/15</td>
<td>46.4%/53.6%</td>
<td>23/24</td>
<td>48.9%/51.1%</td>
</tr>
<tr>
<td>fication</td>
<td>E (E0/E1)</td>
<td>140/223</td>
<td>15/24</td>
<td>125/199</td>
<td>0.99</td>
<td>10/18</td>
<td>35.7%/64.3%</td>
<td>19/28</td>
<td>40.4%/59.6%</td>
</tr>
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<td>98/265</td>
<td>32.7%</td>
<td>13/26</td>
<td>33.3%</td>
<td>0.84</td>
<td>13/15</td>
<td>46.4%/53.6%</td>
<td>23/24</td>
<td>48.9%/51.1%</td>
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<td>78.2%/12.1%</td>
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<td>92.9%/7.1%/0.0%</td>
<td>76.2%/12.1%</td>
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</tr>
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</table>

*P value for the linear-by-linear association chi-squared test.
Circulating Gd-IgA1-containing immune complexes (Gd-IgA1 bound by autoantibodies)

Circulating C3

Complement activation

Split product, C3a

Complement-regulatory functions ↑ (Inhibition)

Variants of CFH, CFHR3 and CFHR1

(rs6677604 or CFHR3–1Δ)

Circulating immune complexes (IgA, autoantibody [IgG and/or IgA] and C3)

Glomerular IgA and C3 deposition

Glomerular injury

Figure 6. A hypothesis for a potential mechanism by which variants of CFH, CFHR3, and CFHR1 genes affect complement activation in IgAN. Previous studies revealed the pathogenesis of IgAN, in which Gd-IgA1 molecules bound by anti-IgA autoantibodies form circulating IgA1-containing immune complexes that ultimately deposit in the glomerular mesangium, inducing glomerular injury. Meanwhile, complement C3 was observed in both circulating and deposited immune complexes. In this study, we found that variants in CFH, CFHR3, and CFHR1 (rs6677604-A allele or CFHR3–1Δ) were associated with higher CFH levels. Because genetic deletion of CFHR3 and CFHR1 was reported to lead to absence of these proteins and because CFHR1 was a competitive antagonist of CFH to modulate complement activation, higher CFH levels together with the absence of antagonist (CFHR1 protein) resulted in the robust complement inhibition represented by higher circulating C3 and lower C3a. Furthermore, the associations between mesangial C3 deposition and circulating CFH levels as well as genetic variants suggested that variants in CFH, CFHR3, and CFHR1 influenced the formation and deposition of pathogenic immune complexes in IgAN.

Circulating CFH Detection

On the morning of renal biopsy, plasma (EDTA anticoagulated) was collected from patients with IgAN, divided into aliquots, and stored at −80°C pending the measurement of circulating CFH. Circulating CFH was assessed by ELISA as previously described. Briefly, goat antihuman CFH antibody (Calbiochem, Darmstadt, Hessen, Germany) was diluted to 10 μg/ml with 0.05 mol/L bicarbonate buffer (pH 9.6) and coated onto one half of the wells of a microtiter plate (Nunc ImmunoPlate, Roskilde, Denmark), whereas the wells in the other half were coated with bicarbonate buffer alone to exclude nonspecific binding. After each step, the plates were washed with 0.01 M PBS containing 0.1% Tween 20. The plasma samples were diluted in PBS containing 0.1% Tween 20 to 1:4000 and incubated in the plates for 1 hour at 37°C. Binding of CFH was examined using mouse anti-human CFH antibodies (US Biologic, Swampscott, MA), which detected only human CFH antibody (Calbiochem) diluted to 1:4000 and incubated in the plates for 1 hour at 37°C. After incubation, the plates were washed with 0.01 M PBS containing 0.1% Tween 20. The plasma samples were diluted in PBS containing 0.1% Tween 20 to 1:4000 and incubated in the plates for 1 hour at 37°C. Binding of CFH was established using highly purified human CFH (Calbiochem) to establish the standard curve, which was then used to measure circulating CFH.

Circulating C3a Detection

Circulating C3a levels were detected using commercial ELISA kits according to the manufacturer’s specifications (Quidel, San Diego, CA).

Statistical Analyses

Statistics were performed using SPSS software (version 13.0). For continuous variables, an unpaired t test or ANOVA between groups was used if the data were a normal distribution; otherwise, a Mann–Whitney U test or Kruskal–Wallis H test was performed. Data with a normal distribution were expressed as means±SDs, whereas other data were expressed as median (first and third quartiles). Categorical variables were analyzed by the chi-squared test. For survival analysis, a composite end point of ESRD or all-cause mortality was used. ESRD was defined as a GFR<15 ml/min per m² or the need for RRT. The Kaplan–Meier method and the log-rank test were used to assess and compare cumulative incidences of developing end points among patients within different groups. A P value<0.05 was considered statistically significant.

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DISCLOSURES

None.

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