

Clinical Decision Support for In-Hospital AKI

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ABSTRACT

AKI carries a significant mortality and morbidity risk. Use of a clinical decision support system (CDSS) might improve outcomes. We conducted a multicenter, sequential period analysis of 528,108 patients without ESRD before admission, from October of 2012 to September of 2015, to determine whether use of a CDSS reduces hospital length of stay and in-hospital mortality for patients with AKI. We compared patients treated 12 months before (181,696) and 24 months after (346,412) implementation of the CDSS. Coprimary outcomes were hospital mortality and length of stay adjusted by demographics and comorbidities. AKI was diagnosed in 64,512 patients (12.2%). Crude mortality rate fell from 10.2% before to 9.4% after CDSS implementation (odds ratio, 0.91; 95% confidence interval [95% CI], 0.86 to 0.96; $P=0.001$) for patients with AKI but did not change in patients without AKI (from 1.5% to 1.4%). Mean hospital duration decreased from 9.3 to 9.0 days ($P<0.001$) for patients with AKI, with no change for patients without AKI. In multivariate mixed-effects models, the adjusted odds ratio (95% CI) was 0.76 (0.70 to 0.83) for mortality and 0.66 (0.61 to 0.72) for dialysis ($P<0.001$). Change in adjusted hospital length of stay was also significant (incidence rate ratio, 0.91; 95% CI, 0.89 to 0.92), decreasing from 7.2 to 6.0 days for patients with AKI. Results were robust to sensitivity analyses and were sustained for the duration of follow-up. Hence, implementation of a CDSS for AKI resulted in a small but sustained decrease in hospital mortality, dialysis use, and length of stay.

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AKI is common in patients admitted to hospitals and intensive care units.^{1–3} It has been shown to confer a significant increase risk for mortality and morbidity, with even a modest increase in creatinine showing an effect on hospital mortality, length of stay (LOS), and health care costs.^{4,5} This has led to recommendations from societies for early detection of AKI by the treating physician as it may lead to interventions like drug dose adjustment, avoiding nephrotoxins, and intravenous fluids management.^{6,7} Early detection of AKI could trigger an early consultation to subspecialists (nephrologists, intensivists) or pharmacists, which might improve outcomes.⁸ Unfortunately, AKI is often missed by health care providers,^{9,10} and this can be associated with increased mortality.¹¹

Clinical decision support systems (CDSS) within the electronic medical record (EMR) have been

shown to help in some aspects of the clinical decision-making for hospitalized patients.¹² However these systems have not shown a consistent effect on patient-centered outcomes like mortality, LOS, or on health care cost.¹³ CDSS have been developed to automate detection of AKI in the hospital setting

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chiefly by providing help in ascertaining baseline renal function from the EMR. Although the use of these systems has consistently shown improved detection of AKI,^{14–18} evidence that CDSS can improve outcomes for patient with AKI is lacking. Indeed, a recent randomized, control trial showed no improvement in patient-centered outcomes.¹⁸

There are multiple limitations of existing CDSS for AKI.¹⁹ Chief among these are a lack of specific therapies tied to the AKI alerts. However, limitations also exist in available studies evaluating CDSS effectiveness, and studies have generally sought implausible effect sizes. We implemented a CDSS for AKI in 2013 in a regional health care system that cares for >150,000 inpatients per year. An example alert is shown in Figure 1. In this analysis, we sought to examine what effect implementing our CDSS had on hospital mortality, use of dialysis, and LOS.

RESULTS

During the 12 months before the implementation of the CDSS, 181,696 patients were admitted across the 14 hospitals in the health care system. In the 24 months after CDSS implementation, 346,412 patients were admitted for a total of 528,108 patients from October of 2012 to September of 2015. The cohorts were compatible in demographic characteristics and comorbidities. The mean \pm SD age was 59 ± 20 years, 57% of the cohort were women, and 84% were white. Baseline characteristics and comorbid conditions for patients in the pre-CDSS and post-CDSS cohorts are presented in Table 1.

AKI was diagnosed by treating physicians in 64,512 patients (12.2%): 20,035 (11%) pre-CDSS and 44,477 (12.8%) post-CDSS. Crude mortality was 10.2% for patients with AKI and 1.5% for patients without AKI in the pre-CDSS period. Mortality decreased to 9.4% for patients with AKI (odds ratio [OR], 0.91; 95% confidence interval [95% CI], 0.86 to 0.96; $P=0.001$), whereas no change was observed in patients without AKI (1.4%) (Figure 2). Similarly, mean hospital duration decreased by 0.3 days (9.3 to 9.0 days; $P<0.001$) for patients with AKI whereas, for patients without AKI, mean duration was 5.3 days during both periods (Table 1). In multivariate models including age, sex, race, and comorbidities (Charlson Index), as well as interactions between AKI diagnosis and CDSS status, the adjusted OR for mortality was 0.76 (95% CI, 0.70 to 0.83) using a mixed-effects model ($P<0.001$). Adjusted hospital LOS was also significant (incidence rate ratio [IRR], 0.91; 95% CI, 0.89 to 0.92), decreasing about 1.2 days for patients with AKI (Table 2).

Our results were robust to sensitivity analyses. The effects on mortality were greater in medical compared with surgical patients with AKI: adjusted OR for mortality was 0.56 (95% CI, 0.48 to 0.66) for medical patients versus 0.72 (95% CI, 0.54 to 0.95) for surgical patients (Supplemental Table 1). However, results in both groups remained significant ($P<0.001$ and $P=0.02$, respectively). Results of our analysis, performed by leaving individual centers out one at a time, are shown in

Significance Statement

Clinical decision support systems (CDSS) are being implemented in electronic health records to improve detection of AKI, but it is uncertain whether these systems improve outcomes. In a multicenter, sequential period analysis of 528,108 patients, we found that a CDSS resulted in small but sustained decreases in hospital mortality (0.8% absolute decrease), length of stay (0.3 days), and dialysis rates (2.7% absolute decrease) for patients with AKI without affecting outcomes for patients without AKI. Given that AKI occurs in 12% of hospitalized patients or 2.2 million/yr in the United States, these results would, if reproducible, translate into saving >17,000 lives or >\$1.2 billion annually.

Supplemental Table 2. The point estimate for the adjusted OR for mortality remained quite stable between 0.74 and 0.79. The upper limit of the 95% CI never exceeded 0.87 and all iterations remained highly significant ($P<0.001$). Similar results were seen for hospital LOS. Adjusted IRR was 0.90–0.92 and the upper limit of the 95% CI was never >0.93; all iterations remained highly significant ($P<0.001$). As shown in Figure 2, the effects on crude mortality in patients with AKI were sustained for the duration of our analysis.

The effect of CDSS on hospital LOS was stronger in surgical patients (IRR, 0.77; 95% CI, 0.74 to 0.81; $P<0.001$) compared with medical patients (IRR, 0.95; 95% CI, 0.93 to 0.98; $P<0.001$), with $P=0.02$ for the interaction. However, no differences were seen for CDSS by age or Charlson. Conversely, the effect of CDSS on mortality was strongly affected by age ($P<0.01$) such that patients aged 60 years or greater benefitted (OR, 0.75; 95% CI, 0.68 to 0.82; $P<0.001$), whereas patients aged <60 years did not (OR, 0.87; 95% CI, 0.75 to 1.04; $P=0.13$). The effect of mortality was not different by Charlson or by medical versus surgical admissions (see Supplemental Table 3).

The distribution of AKI, AKI treated with dialysis, and CKD are shown in Table 3. Despite an increase in AKI rates from 11% to 12.8%, and CKD rates from 5.0% to 5.7%, dialysis for AKI decreased from 6.7% of patients with AKI to 4.0% ($P<0.001$). We further analyzed the use of dialysis for AKI using a mixed-effects model. The adjusted OR for dialysis was 0.66 (95% CI, 0.61 to 0.72), for post-CDSS compared with pre-CDSS ($P<0.001$).

The mean number of days patients received common nephrotoxic medications, before and after CDSS, with and without AKI, are shown in Table 4. Days of angiotensin-converting enzyme inhibitor exposure dropped slightly in the cohort overall (1.34 days per patient to 1.25; $P<0.001$) but the only significant differences in patients with AKI were a decrease in the use of intravascular radio contrast agents (a 45% reduction; $P<0.001$) and an increase in days of nonsteroidal anti-inflammatory drug exposure (by 2%; $P<0.01$). Subspecialty consults actually decreased after CDSS implementation. Nephrology consults decreased for patients with AKI from 30.5% pre-CDSS to 26.9% post-CDSS ($P=0.001$). Similarly, there was a decrease in critical care consults for these patients from 1.5% to 0.8% ($P<0.001$).

Result Comment by SYSTEM on April 15, 2014 4:45 AM
 Warning Possible Acute Kidney Injury: This result indicates an increase of 0.3 or more (in the past 52 hours). Based on a reference creatinine of 0.60 (04/1/2014) this result indicates a change of 166.67%. This change in kidney function is consistent with KDIGO Stage 2. Note, that Acute Kidney Injury is a clinical diagnosis and clinical evaluation is recommended before management is altered. Consider consultation with renal medicine or, if patient may be critically ill, the consult intensivist.

Figure 1. Example AKI alert posted by the computer CDSS.

DISCUSSION

In this study, we sought to assess what effect, if any, our implementation of a CDSS for AKI had on hospital mortality and LOS. Our results indicate a small but significant and sustained effect on both. However, given that AKI is common and can be lethal, small changes could have very large effects on the health of the population. In the United States alone, nearly 18 million

people incur at least one hospital admission per year.²⁰ Thus, a rate of AKI per admission of 12% would translate into about 2.2 million new cases of AKI annually. A 0.8% absolute decrease in mortality would equate to 17,600 fewer deaths. Similarly, at an average cost of over \$1800 a day,²¹ a 0.3 day decrease in hospital days would equate to about \$1.2 billion.

The use of CDSS to automate the detection of AKI in the hospital setting is not new.^{14–18} However, studies attempting to determine if CDSS can improve patient outcomes have generally been disappointing. Colpaert *et al.*¹⁷ showed that a CDSS increased the timeliness of interventions (mainly fluids or diuretics) but did not improve outcomes in a study of 1079 admissions, whereas Wilson *et al.*¹⁸ found neither any change in practice nor outcomes in 2393 patients. Similarly, McCoy *et al.*²² found that overlaying pharmacy surveillance on top of an electronic AKI alert had no effect on adverse drug events in 396 patients. However, Kolhe *et al.*²³ found that implementing an AKI care bundle with an interruptive alert early in the course of AKI can reduce mortality and the progression of AKI stage. A major limitation in all of these studies concerns

Table 1. Population characteristics by time period and AKI status

Characteristic	Pre-CDSS, October 2012–September 2013, n=181,696			Post-CDSS October 2013–September 2015, n=346,412		
	No AKI, n=161,661	AKI, n=20,035	Total, n=181,696	No AKI, n=301,935	AKI, n=44,477	Total, n=346,412
Age, yr, mean±SD	58±20	69±16	59±20	57±20	69±16	59±20
Women, n (%)	94,434 (58.4)	9350 (46.7)	103,784 (57.1)	175,457 (58.1)	20,281 (45.6)	195,738 (56.5)
Race, n (%)						
Black	20,090 (12.4)	2742 (13.7)	22,832 (12.6)	37,657 (12.5)	6445 (14.5)	44,102 (12.7)
White	136,376 (84.4)	16,586 (82.8)	152,962 (84.2)	252,968 (83.8)	36,424 (81.9)	289,392 (83.5)
Other	5195 (3.2)	707 (3.5)	5902 (3.3)	11,310 (3.8)	1608 (3.6)	12,918 (3.7)
Charlson Index						
Mean±SD	1.7±2.2	3.3±2.4	1.8±2.3	1.7±2.2	3.4±2.4	1.9±2.3
Median (IQR)	1 (0–2)	3 (1–5)	1 (0–3)	1 (0–2)	3 (2–5)	1 (0–3)
Comorbidities, n (%)						
AMI	14,881 (9)	3440 (17)	18,321 (10)	26,886 (9)	7334 (16)	34,220 (10)
Diabetes	30,005 (19)	6135 (31)	36,140 (20)	55,386 (18)	13,184 (30)	68,570 (20)
Diabetes + complications	5771 (4)	2056 (10)	7827 (4)	11,799 (4)	4973 (11)	16,772 (5)
Hemiplegia or paraplegia	2219 (1)	351 (2)	2570 (1)	4211 (1)	710 (2)	4921 (1)
Renal disease	13,309 (8)	8282 (41)	21,591 (12)	25,247 (8)	19,294 (43)	44,541 (13)
Cancer	16,915 (10)	2396 (12)	19,311 (11)	32,329 (11)	5672 (13)	38,001 (11)
Mild LD	3565 (2)	1141 (6)	4706 (3)	6712 (2)	2649 (6)	9361 (3)
Moderate/severe LD	2029 (1)	1026 (5)	3055 (2)	4057 (1)	2389 (5)	6446 (2)
Metastatic cancer	7663 (5)	1046 (5)	8709 (5)	13,166 (4)	2342 (5)	15,508 (4)
AIDS	308 (0)	68 (0)	376 (0)	652 (0)	144 (0)	796 (0)
CHF	20,249 (13)	6969 (35)	27,218 (15)	38,975 (13)	16,246 (37)	55,221 (16)
PVD	9807 (6)	2309 (12)	12,116 (7)	18,389 (6)	5710 (13)	24,099 (7)
CEVD	11,989 (7)	1883 (9)	13,872 (8)	22,933 (8)	4491 (10)	27,424 (8)
Dementia	589 (0)	164 (1)	753 (0)	1115 (0)	362 (1)	1477 (0)
COPD	38,440 (24)	5892 (29)	44,332 (24)	73,606 (24)	12,931 (29)	86,537 (25)
LOS						
Mean±SD	5.3±8.5	9.3±11.5	5.7±9.0	5.3±8.7	9.0±10.8	5.7±9.1
Median (IQR)	3 (2–6)	6 (4–11)	4 (2–6)	3 (2–6)	6 (3–11)	4 (2–6)
Mortality, n (%)	2349 (1.5)	2044 (10.2)	4393 (2.4)	4236 (1.4)	4174 (9.4)	8410 (2.4)

IQR, interquartile range; AMI, acute myocardial infarction; LD, liver disease; CHF, congestive heart failure; PVD, peripheral vascular disease; CEVD, cerebrovascular disease; COPD, chronic obstructive pulmonary disease.

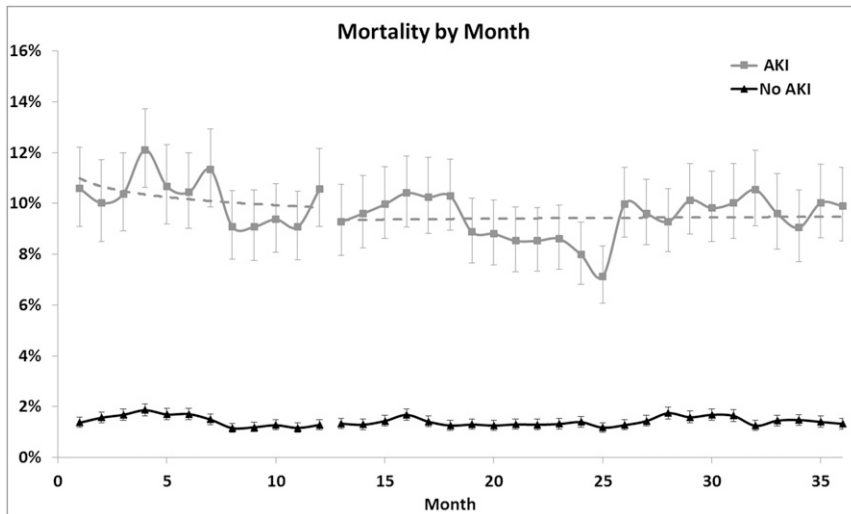


Figure 2. Mortality decreased for patients with AKI, whereas no change was observed in patients without AKI. Unadjusted mortality by month for patients with and without AKI, before and after implementation of the CDSS. Horizontal dashed lines are log regression lines.

the small sample sizes and therefore unrealistic hypothesized effect size. For mortality, even the largest study had adequate power only to detect an effect size of 2.3% absolute risk reduction or greater. By comparison, we found only a 0.8% difference in mortality.

Recognizing this limitation, prior studies have looked at a number of nonmortal outcomes, such as rates of dialysis and maximum change in creatinine. However, the relationship between CDSS-enhanced recognition of AKI and changes in these outcomes is complex. Early detection of AKI might actually increase the use of dialysis for very ill patients, and maximum changes in creatinine often reflect the extent of initial injury to the kidney. Because roughly two thirds of AKI cases are community acquired,²⁴ the maximum creatinine may be determined before medical attention even if it manifests while under medical care. For these reasons, we limited our primary analysis to the nonspecific outcomes of hospital mortality and LOS because they could both plausibly be reduced by early AKI

detection. We did examine dialysis rates within AKI patients, however, as a secondary end point and did find a large reduction in both crude rates (2.7% absolute difference) and the covariate-adjusted odds (OR, 0.66; 95% CI, 0.61–0.72).

The mechanisms by which hospital mortality, dialysis, and LOS were reduced after implementation of our CDSS are unclear. We expected to see a reduction in nephrotoxic medication and intravascular radio contrast exposure, as well as an increase in consultations for nephrology and critical care medicine. Although days of angiotensin-converting enzyme inhibitor exposure dropped slightly overall, there was no effect in patients with AKI. Only radio contrast exposure decreased in these patients. Although the size of the change in radio contrast exposure (45% relative change) was certainly clinically significant, it is not directly apparent how this would have led to a

change in mortality or LOS. Instead, it seems more likely that reduced radio contrast exposure was a surrogate for other unmeasured changes in care. Radio contrast use as a potential nephrotoxin has been the subject of significant investigation over recent years, and contrast-associated AKI may be decreasing because of this increased attention.²⁵ Wilson *et al.*¹⁸ also failed to detect a difference between control and CDSS groups in terms of patients receiving aminoglycosides or non-steroidal anti-inflammatory medications. However, these investigators also did not detect any change in radio contrast use. Failure to reduce exposure to nonsteroidal anti-inflammatory medications may have been a lost opportunity because patients developing AKI had more than twice the days of exposure to these drugs (Table 4).

Like Wilson *et al.*¹⁸, we did not observe any increase in subspecialty consultations with implementation of the CDSS. Because consults are most often reserved for severe cases (and indeed, are mandatory for the most severe cases,

Table 2. Multivariate models for hospital mortality and LOS

Model	Mortality		Adjusted Mortality Pre-CDSS		Adjusted Mortality Post-CDSS	
	OR (95% CI)	P Value	No AKI, %	AKI, %	No AKI, %	AKI, %
Logistic model with robust standard error accounting for intra-patient clustering	0.76 (0.70 to 0.83)	<0.001	2.1	9.1	1.4	4.9
Mixed effects	0.76 (0.70 to 0.83)	<0.001	1.8	8.3	1.2	4.5
Model	IRR (95% CI)	P Value	Adjusted LOS Pre-CDSS		Adjusted LOS Post-CDSS	
Negative binomial model with robust standard error accounting for intra-patient clustering	0.87 (0.85 to 0.90)	<0.001	No AKI, d	AKI, d	No AKI, d	AKI, d
Mixed effects	0.91 (0.89 to 0.92)	<0.001	5.8	9.5	5.2	7.4
			4.7	7.2	4.3	6.0

Table 3. Rates of AKI, dialysis, and CKD by time period

n (%)	Pre-CDSS, October 2012–September 2013, n=181,696			Post-CDSS, October 2013–September 2015, n=346,412		
	No AKI, n=161,661	AKI, n=20,035	Total, n=181,696	No AKI, n=301,935	AKI, n=44,477	Total, n=346,412
AKI	0 (0)	20,035 (100)	20,035 (11.0)	0 (0)	44,477 (100)	44,477 (12.8)
AKI with dialysis	0 (0)	1334 (6.7)	1334 (0.7)	0 (0)	1770 (4.0)	1770 (0.5)
CKD	5251 (3.3)	3758 (18.8)	9009 (5.0)	10,202 (3.4)	9698 (21.8)	19,900 (5.7)

such as RRT and cardiac arrest) this result might actually imply that early intervention by primary providers resulted in less progression of AKI. This would be supported by the observed decreases in RRT and LOS.

CDSS appeared to have a greater effect on LOS in surgical patients. This might reflect the fact that AKI is often a complication of surgery in addition to being a complication of the underlying disease condition. For patients undergoing elective surgery, LOS is already closely monitored by hospitals and an AKI event might be expected to have larger effect on hospital stays in this subgroup. Similarly, the effect of CDSS on mortality was similar for medical and surgical patients and for patients with and without comorbid conditions. However, CDSS did not influence mortality in younger patients, whereas a large effect was observed in patients aged 60 years and older. We have previously reported that AKI is harder to predict in older patients²⁶ and that a CDSS might have greater effect in these patients. Of course, hospital mortality is already higher in older patients, providing greater opportunity to see an effect of the intervention.

Our study has important limitations. First, because this was not a randomized trial, we could only control for secular trends using statistical analysis. The fact that our results revealed differences both in rates of mortality and LOS after adjusting for demographics and comorbidities is reassuring, but cannot exclude unknown sources of bias. The fact that there was no effect of our CDSS in patients without AKI provides further evidence of a likely causal relationship, but one that we cannot directly test for. Furthermore, although the Kidney Disease Improving Global Outcomes (KDIGO) clinical practice guidelines⁶ had been published a full 18 months before the implementation of the CDSS, and implementation was not paired with any other

system-wide quality improvement or educational efforts directed at AKI, we cannot exclude possible effects of increasing awareness of AKI on outcomes. However, we do note that a randomized trial of this size would be unprecedented in AKI research, and thus we have likely generated the strongest evidence possible for this type of “passive” CDSS. Future trials will need to focus on more active CDSS-based approaches in order to generate larger effect sizes.¹⁹ Nevertheless, the evidence presented in this study provides proof of concept for CDSS focused on AKI. Second, we could not analyze specific clinician behavior in response to the CDSS. For example, clinicians might have changed drug dosing, increased monitoring, or altered fluid management in response to an AKI alert. We know that they did not increase subspecialty consultation or reduce days of nephrotoxin exposure other than radio contrast, but we could not assess whether they changed other aspects of care.

In conclusion, implementation of a CDSS for AKI was associated with a small but sustained decrease in hospital mortality and LOS. Dialysis for AKI also decreased. These results support the development of CDSS to enhance early AKI detection but demonstrate that passive alerting will have only a limited effect on patient outcomes and more action-based CDSS will likely be needed to increase effect.

CONCISE METHODS

Study Design and Participants

We implemented a CDSS for AKI on the basis of the KDIGO clinical practice guidelines.⁶ The alert was implemented across all adult hospitals within the University of Pittsburgh Medical Center (UPMC)

Table 4. Mean medication days for patients pre- and post-CDSS, with and without AKI

Medication	No AKI, n=82,474			AKI, n=15,229		
	Pre-CDSS, n=29,367	Post-CDSS, n=53,107	P Value	Pre-CDSS, n=4655	Post-CDSS, n=10,574	P Value
ACEI/ARB	1.34±3.85	1.25±3.60	<0.001	2.20±7.33	2.18±7.04	0.38
NSAID	1.82±4.68	1.86±4.75	<0.01	4.55±9.52	4.83±10.13	0.01
Aminoglycoside	0.22±2.34	0.20±2.42	0.05	0.84±5.98	0.82±5.97	0.26
Contrast ^a	0.30±1.29	0.21±1.04	<0.001	0.55±1.95	0.30±1.47	<0.001
Vancomycin	1.23±4.34	1.31±4.48	<0.001	4.56±10.38	4.58±10.41	0.47

ACEI/ARB, angiotensin-converting enzyme inhibitors/angiotensin receptor blockers; NSAID, nonsteroidal anti-inflammatory drugs.

^aExcludes patients receiving more than 12 contrast exposures in a single admission.

system in October of 2013. As part of the quality improvement project, we collected data from the EMR for 12 months (from October of 2012 to September of 2013) before the alert (prealert) and for 24 months after the alert (from October of 2013 to September of 2015), after AKI alert implementation (postalert). The project was approved by the UPMC Quality Improvement committee. Our analysis included adult participants (aged >18 years) admitted to UPMC floors or intensive care units with at least one serum creatinine value recorded in the EMR. The sole exclusion criterion was ESRD before admission. Patients with functioning renal transplants were not excluded.

CDSS Procedures

The CDSS was designed to alert clinicians of “possible AKI” according to changes in the serum creatinine concentration. Because the CDSS included patients outside the intensive care unit where urine output could not be reliably obtained, only the serum creatinine concentration was considered. The system determined a reference serum creatinine value, as per the KDIGO guidelines,⁶ according to the lowest value between the baseline (see below) and admission serum creatinine. The baseline serum creatinine was defined as the lowest value for the patient in the EMR for the previous 12 months before admission. This approach is known to be over-sensitive compared with median values.²⁷ However, our intent was to maximize sensitivity. If no baseline was available in the EMR and the patient did not have a history of CKD, we estimated the baseline on the basis of back-calculation using the Modification of Diet in Renal Disease equation as previously described.^{27,28} If a history of CKD was recorded and no baseline creatinine was available, the admission serum creatinine was used as the reference serum creatinine.

Next, the CDSS compared the serum creatinine from the first encounter to the reference serum creatinine. If an increase of 50% or more was detected, an AKI alert was returned. For subsequent creatinine values, an increase of 0.3 mg/dl or more from a previous creatinine within 52 hours was used to trigger the alert (on the basis of a 48-hour rule with a 4-hour buffer for reporting). For each AKI alert, the CDSS posted possible AKI next to the corresponding serum creatinine value in the hospital’s EMR (Cerner PowerChart; Cerner Corporation, Kansas City, MO). Clicking on the possible AKI result provided the following information to the clinician: (1) the reference creatinine used for the alert and how it was derived, (2) the stage of AKI according to the KDIGO classification system (see Supplemental Table 4), and (3) a prompt to consult renal medicine or intensive care (with corresponding pager numbers provided). An example of the alert text is shown in Figure 1.

Statistical Analyses

Our primary outcomes were hospital mortality and LOS in days. Secondary outcomes were use of dialysis, days of nephrotoxic drug exposures, and consults for nephrology and critical care medicine. We abstracted data from the EMR on patient characteristics, including demographics, admission location, dates of admission and discharge, and vital status at discharge. In bivariate analyses, generalized linear regression models were used, with clustered sandwich estimators to account for intragroup correlation within patients. In multivariable

analyses, linear trends for LOS and mortality were modeled using negative binomial mixed-effects regression and logistic mixed-effects regression, respectively. All multivariable models adjusted for time in quarters, alert status, the interaction between the postalert indicator and AKI diagnosis (International Classification of Diseases Revision 9 codes 584.5, 584.6, 584.7, 584.8, and 584.9), the Charlson Comorbidity Index,²⁹ age, race, and sex.

We performed two sensitivity analyses. First, we repeated our primary analysis stratifying the cohort by medical and surgical admission. Next, in order to ensure that results were not caused by an effect of a single hospital, we performed the primary analysis repeatedly, leaving one center out each time. We also explored whether CDSS improved outcomes differently by age, underlying comorbidity or medical/surgical admission by fitting models with interaction terms for these variables. We used age ≥ 60 years versus <60 years and Charlson Index >0 versus 0 for these analyses as they were essentially the medians of the respective distributions. Finally, in the largest facility, we explored differences in care before and after the CDSS was implemented and stratified our analysis by AKI diagnosis. We examined days of nephrotoxic medication exposure and doses of intravenous radio contrast during the hospital stay. We also looked at differences in consults for nephrology and critical care medicine.

We report changes in hospital mortality and use of dialysis using ORs, and LOS using IRRs. A *P* value <0.05 was considered significant. Analyses were generated using Stata version 14.0 (College Station, TX).

Institutional Review Board Approval

We did not seek institutional review board approval, in accordance with the policy of our institution regarding quality improvement projects.

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DISCLOSURES

None.

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See related editorial, “Making the Right Decision: Do Clinical Decision Support Systems for AKI Improve Patient Outcomes?” on pages 352–354.

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Regional Health System Deployment of Clinical Decision Support for Detection of Acute Kidney Injury: Effects on Hospital Survival and Length of Stay

Supplementary Appendix

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Supplementary Table 1: Kidney Disease Improving Global Outcomes (KDIGO) Acute Kidney Injury Classification

Stage	Serum creatinine	Urine Output
1	>=1.5 times baseline OR 0.3mg/dl increase	< 0.5ml/kg/hr for ≥ 6hrs
2	>=2 times baseline	< 0.5ml/kg/hr for ≥ 12hrs
3	>=3 times baseline OR increase in creatinine to ≥ 4.0 mg/dl In patients <18 yrs decrease of eGFR to less than 35 ml/min/1.73m ²	< 0.3ml/kg/hr for ≥ 24hrs OR Anuria for ≥ 12hrs

Source: Kidney Disease: Improving Global Outcomes (KDIGO) Clinical Practice Guideline for Acute Kidney Injury. *Kidney inter, Suppl* 2012; 2 : 1–138. 2012

Supplementary Table 2: Sensitivity Analysis: Medical and Surgical Unit data specific outcomes

Medical Patients (N=341,179)

Mortality				
	Pre, n (%)	Post, n (%)	OR	p
No AKI	1882 (1.9%)	3323 (1.7%)	0.738 [0.661-0.825]	<0.001
AKI	1525 (10.1%)	3045 (9.0%)*	0.563 [0.480-0.660]	<0.001
AKI / pre-post interaction			0.793 [0.723-0.869]	<0.001
Length of stay				
	Pre, mean ± SD	Post, mean ± SD	IRR	p
No AKI	5.4±9.5	5.4±9.7	0.966 [0.940-0.992]	0.01
AKI	7.2±6.9	7.1±7.1*	0.908 [0.863-0.954]	<0.001
AKI / pre-post interaction			0.952 [0.929-0.975]	<0.001

Surgical Patients (N= 186,460)

Mortality				
	Pre, n (%)	Post, n (%)	OR	p
No AKI	467 (0.8%)	913 (0.8%)	0.553 [0.447-0.683]	<0.001
AKI	519 (10.7%)	1129 (10.6%)	0.715 [0.539-0.949]	0.02
AKI / pre-post interaction			0.676 [0.569-0.804]	<0.001
Length of stay				
	Pre, mean ± SD	Post, mean ± SD	IRR	p
No AKI	5.0±6.5	5.0±6.2	0.800 [0.781-0.818]	<0.001
AKI	16.0±18.4	15.2±15.8*	0.803 [0.723-0.892]	<0.001
AKI / pre-post interaction			0.772 [0.739-0.808]	<0.001

Shown are unadjusted results from mortality and length of stay stratified by medical vs. surgical patients. *P<0.05 for unadjusted comparison between Pre- and Post-. Covariate adjusted odds ratios (OR), incidence rate ratios (IRR), and interactions are also shown with corresponding p-values. AKI, acute kidney injury; SD, standard deviation.

Supplementary Table 3: Covariate-adjusted mortality and length of stay after removing one hospital at a time

Mortality

Hospital removed	OR	SE	p	Lower 95% CI	Upper 95% CI
1	0.760	0.036	<.001	0.692	0.835
2	0.762	0.032	<.001	0.702	0.827
3	0.764	0.032	<.001	0.703	0.830
4	0.792	0.035	<.001	0.726	0.864
5	0.759	0.032	<.001	0.700	0.824
6	0.760	0.032	<.001	0.700	0.824
7	0.769	0.032	<.001	0.709	0.834
8	0.763	0.032	<.001	0.702	0.830
9	0.758	0.033	<.001	0.696	0.826
10	0.761	0.032	<.001	0.701	0.826
11	0.757	0.034	<.001	0.694	0.826
12	0.762	0.035	<.001	0.698	0.833
13	0.743	0.032	<.001	0.683	0.808
14	0.763	0.031	<.001	0.704	0.827
Length of stay					
Hospital removed	IRR	SE	p	Lower 95% CI	Upper 95% CI
1	0.918	0.007	<.001	0.904	0.933
2	0.907	0.007	<.001	0.894	0.920
3	0.910	0.007	<.001	0.897	0.923
4	0.907	0.007	<.001	0.893	0.921
5	0.906	0.007	<.001	0.893	0.920
6	0.906	0.007	<.001	0.893	0.919
7	0.912	0.007	<.001	0.899	0.926
8	0.907	0.007	<.001	0.894	0.921
9	0.906	0.007	<.001	0.892	0.920
10	0.907	0.007	<.001	0.894	0.920
11	0.908	0.007	<.001	0.895	0.922
12	0.902	0.007	<.001	0.888	0.916
13	0.907	0.007	<.001	0.894	0.921
14	0.900	0.006	<.001	0.888	0.912

OR, odds ratio; IRR, incidence rate ratios; SE, standard error; CI, confidence interval.

Supplementary Table 4: Effect of CDSS on hospital length of stay and mortality by age, severity of illness, and medical versus surgical admissions.

Length of Stay

	IRR	p	LCI	UCI	p*
Age≥60	0.896	<.001	0.873	0.919	0.974
Age<60	0.853	<.001	0.809	0.898	
Charlson index >0	0.890	<.001	0.868	0.912	0.286
Charlson index = 0	0.879	0.002	0.810	0.954	
Surgical	0.772	<.001	0.739	0.808	0.023
Medical	0.952	<.001	0.929	0.975	

Mortality

	OR	p	LCI	UCI	p*
Age≥60	0.745	<.001	0.681	0.816	0.005
Age<60	0.870	0.131	0.726	1.043	
Charlson index >0	0.798	<.001	0.734	0.867	0.888
Charlson index = 0	0.629	0.002	0.472	0.838	
Surgical	0.676	<.001	0.569	0.804	0.127
Medical	0.793	<.001	0.723	0.869	

*p-value for the interaction between strata; CDSS: clinical decision support system; IRR: incidence rate ratio; OR: odds ratio; LCI: lower confidence interval; UCI: upper confidence interval.

SIGNIFICANCE STATEMENT

Clinical decision support systems (CDSS) are being implemented in electronic health records to improve detection of AKI, but it is uncertain whether these systems improve outcomes. In a multicenter, sequential period analysis of 528,108 patients, we found that a CDSS resulted in small but sustained decreases in hospital mortality (0.8% absolute decrease), length of stay (0.3 days), and dialysis rates (2.7% absolute decrease) for patients with AKI without affecting outcomes for patients without AKI. Given that AKI occurs in 12% of hospitalized patients or 2.2 million/yr in the United States, these results would, if reproducible, translate into saving >17,000 lives or >\$1.2 billion annually.